

Apple Cider Day

September 1 was Apple Cider Day. The resident decided to make a batch of Apple cider cookies to celebrate.

Apple Cider Cookie Recipe

Betty Crocker - Servings 40



INGREDIENTS

- 2 tablespoons sugar
- 1 package of Apple Cider instant drink mix (do not prepare)
- 1 1/2 teaspoon ground cinnamon
- 1 pouch Betty Crocker Sugar cookie mix
- 1/2 cup butter softened
- 1 egg
- 3/4 cup finely chopped peeled apple

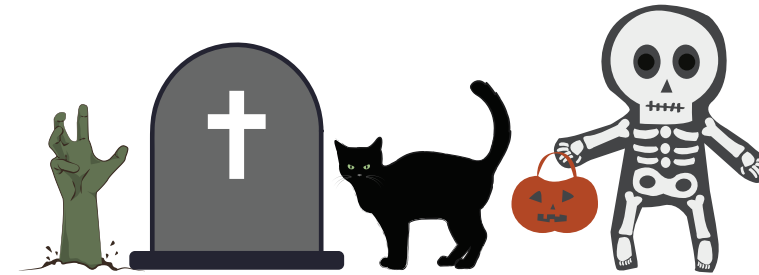
STEPS

1. Heat oven to 375 degrees F. In a small bowl, mix sugar, 1 teaspoon of the apple cider drink mix and 1/2 teaspoon of cinnamon and set aside
2. In a large bowl, stir cookie mix, softened butter, egg and remaining apple cider drink mix and cinnamon with a spoon until a soft dough forms. Stir in apple slices until combined. Shape dough into 40 (1 1/4 inch) balls. Roll balls in a sugar-spice mixture. Place 2 inches apart on an ungreased cookie sheet.
3. Bake for 7-9 minutes or until the edges are set and light golden brown. Cool 1 minute, remove from cookie sheet to cooling rack. Cool completely. Store covered in an airtight container.



Halloween Word Scramble

- 1. oshtg
- 2. ncyda
- 3. persid
- 4. usoctem
- 5. cikrt
- 6. kleetosn
- 7. cwiht
- 8. nipkump
- 9. rontems
- 10. cresa
- 11. pemvira
- 12. boizme



- 1. ghost
- 2. candy
- 3. spider
- 4. costume
- 5. trick
- 6. skeleton
- 7. witch
- 8. pumpkin
- 9. monster
- 10. scare
- 11. vampire
- 12. zombie

HORST MANAGEMENT SERVICES

VISION	MISSION	VALUES
Performing with a passion for excellence while doing the right things the right way.	Connecting with our customers. Knowing their needs and exploring their ideas. Delivering products and services that they value.	Honor God Employee Focused - Customer Centered Supplier/Partner Relationships Community Minded Growth and Profitability

The Cottage Gate TRICK OR TREAT

News from Columbia Cottage Assisted Living Community
The ONLY Licensed Assisted Living in the area

October 2022

Message from the President of Columbia Cottage



We live in an overstimulated society, where busy schedules lead to lack of connection, where many people go through life barely looking one another in the eye, where connection is summarized by scrolling down a Facebook newsfeed and clicking "Like" to show we care. Research shows that helping others can be good for our overall health. It reduces stress, improves our emotional well-being and even benefits our physical health.

Doing something nice for someone doesn't cost a lot of time or money. We have all been told that it's the small things in life that can make a big difference. So, if you are not already in the habit of performing random kind acts — or if it does not come naturally to you — start by thinking about what you like to do. It's not about you being like, 'Oh man, now I have to learn how to bake cookies in order to be nice'. It's about, what skills and talents do you already have? And how can you turn that into an offering for other people?

If you do nothing else today, keep an eye out for an opportunity to help someone with a random act of kindness or hold onto that warm feeling, when someone helps you. Here is a quick list of 10 things to consider:

- Read stories to school children.
- Hold the door open for someone.
- Smile at everyone you see today.
- Tape some coins on a vending machine for someone else to find.
- Leave a kind note in a library book.
- Donate an old toy to charity.
- Leave positive notes in random places.
- Help someone with their bags.
- Buy someone in the queue a coffee.
- Volunteer at a homeless shelter.

Remember, acts of kindness can be done all year round!

-Jim

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Hunter's Moon



On October 9, look for the full moon, Hunter's Moon. This moon is named because as Native Americans prepared for cold months, they looked to October's full moon to gather meat for the winter. The Hunter's Moon is similar to the Harvest moon. The Hunter's Moon rises on successive days for only about 40 minutes later than the previous day making the periods of darkness between sunset and sunrise shorter. The fields were traditionally reaped in late September or early October, and hunters could easily see deer and fox that had come searching for fallen grains by the light of the moon.

Halloween



What do you call the spooky season? Some might say "All Hallows Eve" or "All Saints Day," but most call it Halloween. Either way, the October 31 day goes by many names; it is the most beloved holiday in our country. But even though you have probably celebrated your whole life, there may be a lot you don't know about Halloween

- There is a reason why black and orange are associated with Halloween. Orange signifies the harvest of autumn, while black is a symbol of darkness and acts as a reminder that Halloween was a festival that marked the boundaries between life and death
- Scarecrows symbolize the ancient agricultural roots of the holiday. The greek farmers created the first scarecrow. Crows being the primary culprit is how the name originated
- Irish immigrants brought Halloween to the US during the mid-1800s. When a flood of Irish immigrants fled Ireland during the great potato famine, they brought the tradition of Halloween with them
- The name Jack O' Lantern is rooted in Irish folklore about a man named Stingy Jack. The legend goes that he fooled the devil and, in turn, was forced to walk the earth with only a lump of burning coal in a hollowed turnip to light his way. So the Irish began to call him Jack of the Lantern, which became Jack O' Lantern.

• Candy wasn't given out until about the 1950s. There was a time when trick or treat didn't give out candy but instead pieces of cake, fruit, nuts, coins, and small toys. In 1950 the candy makers began to promote their goods for Halloween, so the tradition of candy to trick or treaters began.

• Did you know that skittles is America's favorite candy? And you may be able to guess the least favorite- Candy Corn.



Please review your experience with us:
<https://www.columbiacottage.com/experience/>

www.columbiacottage.com/whats-happening/
 Note: Calendar is available online and is subject to change. HANOVER

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Congratulations!</i></p>		<p>Resident Birthdays Helen Ports, 10-1 John Neiderer, 10-2 Jean Thieret, 10-9 Betty Dodd, 10-13 Eva Small, 10-17 Catherine Alwine, 10-19 Betty Gilbert, 10-29</p> <p>Staff Birthdays Taylor Adams, 10-5 Kayla Kehr, 10-8</p>	<p>EMPLOYEE ANNIVERSARIES <i>Dawn Musselman</i>, Resident Wellness Director - 6 years <i>Jennifer Flemion</i>, Resident Services Coordinator - 4 years <i>Shelane Yarofaiseo</i>, Homemaker - 3 years <i>Kayla Kehr</i>, Resident Services Coordinator - 3 years</p>			<p>1 International Day of Older Persons 8:15 Daily Word 10:00 Morning Stretch 11:00 Ladder Ball 3:00 Bingo</p>
<p>2 8:15 Daily Word 10:00 Morning Stretch 11:00 Hangman 2:30 Online Church 3:30 Nails Rooms 1-10 Word Search</p>	<p>3 8:15 Daily Word 10:00 Morning Stretch 11:00 Kickball 3:30 Wii Bowling 4:00 Poochy Pals 6:00 Poochy Pals</p>	<p>4 Tick Tock Tuesday 8:15 Daily Word 10:00 Morning Stretch 11:00 Golf 3:30 Trivia</p>	<p>5 Pink Day (Wear Pink) 8:15 Daily Word 10:00 Morning Stretch 11:00 Bean Bag Toss 3:30 Pink Panther Floats</p>	<p>6 8:15 Daily Word 9:45 Communion 10:00 Morning Stretch 11:00 Ring Toss 1:30 Rosary 3:30 Craft</p>	<p>7 8:15 Daily Word 10:00 Morning Stretch 11:00 Cornhole 3:00 Birthday Bash</p>	<p>8 8:15 Daily Word 10:00 Morning Stretch 11:00 Horseshoes 3:30 Bingo</p>
<p>9 Hunter's Moon 8:15 Daily Word 10:00 Morning Stretch 11:00 Ring Toss 2:30 Mission Bible Baptist 3:30 Nails Rooms 11-21 Wii Bowling</p>	<p>10 8:15 Daily Word 10:00 Morning Stretch 11:00 Golf 3:30 Wii Bowling 4:00 Poochy Pals 6:00 Poochy Pals</p>	<p>11 8:15 Daily Word 10:00 Morning Stretch 11:00 Horseshoes 3:30 Jeopardy</p>	<p>12 8:15 Daily Word 10:00 Morning Stretch 11:00 Balloon Toss 2:00 Staff Meeting</p>	<p>13 Navy's Birthday 8:15 Daily Word 9:45 Communion 10:00 Morning Stretch 11:00 Bean Bag Toss 1:30 Rosary 3:30 Drunkin' Sailor Tattoo Parlor</p>	<p>14 8:15 Daily Word 10:00 Morning Stretch 11:00 Balloon Toss 3:30 Chord Word Categories</p>	<p>15 8:15 Daily Word 10:00 Morning Stretch 11:00 Golf 3:00 Bingo</p>
<p>16 8:15 Daily Word 10:00 Morning Stretch 11:00 Ladder Ball 2:30 Online Church 3:30 Nails Rooms 22-31 Word Search Puzzles</p>	<p>17 8:15 Daily Word 10:00 Morning Stretch 11:00 Ringo Toss 3:30 Wii Bowling 4:00 Poochy Pals 6:00 Poochy Pals</p>	<p>18 A Batty Day 8:15 Daily Word 10:00 Morning Stretch 11:00 Hangman 3:00 Adelynn Wood</p>	<p>19 Hocus Pocus Holiday 8:15 Daily Word 10:00 Morning Stretch 11:00 Ring Toss 3:00 Movie Hocus Pocus</p>	<p>20 8:15 Daily Word 9:45 Catholic Mass 10:00 Morning Stretch 11:00 Kickball 1:30 Rosary 3:30 Resident Council</p>	<p>21 8:15 Daily Word 10:00 Morning Stretch 11:00 Hangman 3:30 Lcr</p>	<p>22 8:15 Daily Word 10:00 Morning Stretch 11:00 Golf 3:00 Bingo</p>
<p>23 8:15 Daily Word 10:00 Morning Stretch 11:00 Bean Bag Toss 2:30 Online Church 3:30 Nails Rooms 22-31 Wacky Wordies</p>	<p>24 8:15 Daily Word 10:00 Morning Stretch 11:00 Kick Ball 3:30 Wii Bowling 4:00 Poochy Pals 6:00 Poochy Pals</p>	<p>25 8:15 Daily Word 10:00 Morning Stretch 11:00 Hangman 2:00 Make Bat-Shaped Sugar Cookies</p>	<p>26 National Pumpkin Day 8:15 Daily Word 10:00 Morning Stretch 11:00 Ring Toss 3:30 Decorate Pumpkins</p>	<p>27 8:15 Daily Word 9:45 Communion 10:00 Morning Stretch 11:00 Golf 1:30 Rosary 3:30 TV Show "It's The Great Pumpkin, Charlie Brown"</p>	<p>28 World Series Begins 8:15 Daily Word 10:00 Morning Stretch 11:00 Balloon Toss 3:00 Bingo 7:00 Bryan Herber- Pianist</p>	<p>29 8:15 Daily Word 10:00 Morning Stretch 11:00 Golf 3:00 Bingo</p>
<p>30 8:15 Daily Word 10:00 Morning Stretch 11:00 Ladder Ball 2:30 Online Church 3:30 Nails Rooms 32-42 Crossword Puzzles</p>	<p>31 Halloween 8:15 Daily Word 10:00 Morning Stretch 11:00 Balloon Toss 3:30 Wii Bowling 4:00 Poochy Pals 6:00 Poochy Pals 7:00 Trick Or Treat</p>					