

Resident of the Month
Patrona Pearson



We would like to welcome our new resident, Patrona “Pat” Pearson!

Pat Pearson was born and raised in Schuylkill County before eventually finding herself in State College as a Penn State student of nursing and public health. She landed a job at Penn State overseeing developing programs while studying for her doctorate degree.

During her nursing and public health career she worked in various settings including: ICU, emergency rooms, burn units, and as a practical nursing director. She also taught and oversaw programs at Alvernia, Reading/Muhlenberg Vocational School, Reading Area Community College, the Department of Health, and the Department of State – public health and vocational education. She stated that she “is lucky that I’ve always enjoyed where I was working and everything sort of fell into my lap”.

Pat is a two-time widow, a mother to four step-children, and is pre-deceased by her son, who was a culinary student and a personal friend of Emeril Lagasse. Pat stated that her son and Emeril’s dream was to perfect the best alligator soup.



HORST MANAGEMENT SERVICES

VISION
Performing with a passion for excellence while doing the right things the right way.

MISSION
Connecting with our customers. Knowing their needs and exploring their ideas. Delivering products and services that they value.

VALUES
Honor God
Employee Focused - Customer Centered
Supplier/Partner Relationships
Community Minded
Growth and Profitability

Resident Shout OUTS!!!

I want to highlight and nominate **Nancy and Luis Perez** for my hometown heroes. They have made my living at Columbia Cottage many times happier. It has been a difficult transition going from home, getting to a physical therapy rehab, and then to assisted living. I truly don’t know what I would have done if they hadn’t been in my life. Thank you Nancy and Luis!
- **Sandra Caron**



Welcome Back Frank!
We Missed You!

July Fun Facts!

The month of July used to be called Quintilis – the Roman word for “fifth” as it was the fifth month of the Roman year. It was later changed to July by the ruler of Roman world, Julius Caesar, after his family name (Julius).

- Initially adopted by Congress on July 2, 1776, the revised version of the Declaration of Independence was not adopted until two days later.
- Three U.S. Presidents, John Adams, Thomas Jefferson and James Monroe, died on July 4th
- Americans consume about 155 million hot dogs on Independence Day alone; it is the biggest hot dog holiday of the year.
- July’s birthstone is the ruby, which symbolizes contentment. Its birth flowers are the Larkspur or the Water Lily.
- The zodiac signs for the month of July are Cancer (until July 21) and Leo (July 22 onwards).

The **Cottage Gate**

News from Columbia Cottage Assisted Living Community
The **ONLY** Licensed Assisted Living in the area

July 2020

Message from the President of Columbia Cottage



Kindness is a sign of Greatness!

A few months ago, I came across a devotional series from Robert Strand. One of the topics outlined centered around the perception that kindness is not as highly prized by everyone as it should be. Why? Well, many simply say that being kind has a too-costly price tag and they are not prepared to pay it. To them, showing kindness can be too time-consuming, too demanding, or too likely to interfere with their own lifestyle (i.e. too busy looking out for #1). But let me stop and set the record straight... To me, kindness is not weakness or wimpishness! Kindness is the way in which you act and speak. As my grandfather use to say, “...it’s an attitude.” A quality of character that stands firm – yet doesn’t have to beat down another in order to stand tall. Remember, kindness is a real harvest of the spirit for others and has a boomerang effect – the more you give it, the more that comes back to you. So, take time to allow gentleness and kindness to grow in your spirit and please, share freely.

-Jim



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Cottage ST★RS

This month we wanted to take a moment to acknowledge all our amazing Columbia Cottage families!

Dear Families,

Robin and I wanted to take an opportunity to express just how much our Cottage Families have supported us through this very trying time. There is no way to adequately thank you for everything you have done. The amount of love and support has kept the staff going. We know you miss your loved ones more than we could ever know. We know the feeling of missing special days and special occasions. You have delicately placed the life of your loved ones in our hands, and still when you call, email, or stop by you always ask how the staff is doing first. That says so much about the trust you have for our team.

We are going to try and remember all of the love, and if we have missed you please accept our apologies Christine Ennis who is the Daughter of Reese Davis, Andrea Lukins daughter of Judith Buchholz, Virginia Klinger, Niece of Grace Romain, Emily Magalotti our very first Intern, Nancy Perrinni, and Jim Leupold children of Jane Leupold, Stacy and Amy Himmelberger, daughters of Muriel Himmelberger. Andy, Barb, Jean and Jim McCarney family of Gene and Ann McCarney, Jay Weist son of Shirley Weist, William and Michele Cambardella, daughter and Son in Law of Mary Staschak, Eric Cigan, son of John Cigan, Gail Colahan daughter of Ruth Eshelman, Lynn Bainbridge, Lisa Mocahn daughters of Elizabeth Rasbridge, and Barbra Grimes wife of Kenneth Grimes. You have truly shown us love like no other! You are the fuel that feeds our passion.

We would be remiss to mention the business and our outside providers that have stuck by us through all the crazy. Autumn from Rehab One, Cross Keys Insurance, Wilson High School, Reading Lions, Caring Hospice, Health Direct Pharmacy Services and Austin’s. Thank you for taking the time out of your busy schedules to help support us!

Thank you so much,
Noreen and Robin



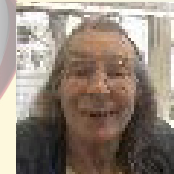
"Family" isn't defined only by last names or by blood; it's defined by **commitment** and by **love**. It means showing up when they need it most. It means having each other's backs. It means choosing to love each other even on those days when you struggle to like each other. It means never giving up on each other!
!TheMindsJournal



july 2020



Welcome to our new residents!



Susan Metzgar



Patrona Pearson



Robert Brennan

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Congratulations!

Staff Birthdays

Kevin Snyder, 7/9
Bonnie Moser, 7/19

Resident Birthdays

Ann McCarney, 7/2
Nora Reyner, 7/5
Dorothy Koch, 7/21

EMPLOYEE ANNIVERSARIES

Elena Calderoni, Resident Services Coordinator- 6 years
Elena is in a painting at the state capital. That painting was also turned into posters that can be seen throughout Berks County.
Tara Pearson, Homemaker- 5 years
In her free time, she likes to do arts & crafts and loves plants.
Donna Snyder, Homemaker- 4 years
Donna was born on 5/5/55, a phenomenon that happens every 11 years.
Marileyda Pena, Resident Services Coordinator- 3 years
Mari loves to play volleyball.
Vincent Marchino, Homemaker- 2 years
Vincent has never been to a zoo.
Elyse George, Food Service Coordinator- 1 year
Elyse has been to Germany, Italy, France, Switzerland, and Austria

1

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Coordinator's Meeting
2:00 All Staff Meeting
3:15 "J" Words
6:00 Game Night

2

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Red, White, & Blue Trivia
3:15 Happy Hour

3

Staff Dress Down: Red, White, & Blue
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Independence Day Trivia
3:15 Firecracker Craft

4

Happy Independence Day
Staff Dress Down: Red, White, & Blue
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
12:00 Outdoor Cook-out
1:30 Ring Toss
3:15 Word from Words
"Independence Day"

5

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Bible Talk
3:15 Balloon Toss
6:00 Movie Night

6

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Jenga
3:15 Women's Manicures

7

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Conversation on the Porch
3:15 Bingo

8

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Men's Manicures & Shaves
3:15 Upwords
6:00 Game Night

9

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Dominoes
3:15 Happy Hour

10

Staff Dress Down: Casual Day
National Pina Colada Day
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
12:00 Outdoor Cook-Out
1:30 Bingo
3:15 Pina Colada Social

11

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Scattergories
3:15 Card Games: UNO

12

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Bible Talk
3:15 Wheel of Fortune
6:00 Movie Night

13

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Men's Manicures & Shaves
3:15 Hangman

14

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Conversation on the Porch
3:15 Bingo

15

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:00 Resident Council
3:15 Pictionary
6:00 Game Night

16

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Word from Words
3:15 Happy Hour

17

Staff Dress Down: Beach Hat Day
National Peach Ice Cream Day
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
12:00 Outdoor Cook-out
1:30 Bingo
3:15 Peach Ice Cream Social

18

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Bean Bag Toss
3:15 Card Game: Poker

19

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Bible Talk
3:15 Conversation Ball
6:00 Movie Night

20

National Pennsylvania Day
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Pennsylvania Trivia
3:15 Women's Manicures

21

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Conversation on the Porch
3:15 Bingo

22

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Men's Manicures & Shaves
3:15 Cottage Store
6:00 Game Night

23

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Higher or Lower
3:15 Happy Hour

24

Staff Dress Down: Hawaiian Shirt Day
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
12:00 Outdoor Cook-out & STAFF TALENT SHOW!
1:30 Bingo
3:15 Faces and Places DVD

25

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Name Five
3:15 Card Game: Skip-Bo

26

National Parent's Day
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Bible Talk
3:15 Parenthood Jokes & Stories
6:00 Movie Night

27

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Yahtzee
3:15 Men's Manicures & Shaves

28

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Conversation on the Porch
3:15 Bingo

29

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 Women's Manicures
3:15 Po-Ke-No
6:00 Game Night

30

9:30 Stretcherize
10:00 Coffee Klatch & Current Events
1:30 2 Cent Game
3:15 Happy Hour

31

Staff Dress Down: Tie-Dye Day
9:30 Stretcherize
10:00 Coffee Klatch & Current Events
12:00 Outdoor Cook-out
1:30 Bingo
3:15 Trivial Pursuit