



# Sample Menus of:

## Breakfast

Assorted Fresh Fruits, Sweet Rolls,  
Bagels, Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
Pancakes & Bacon  
Juice & Coffee, Tea or Milk

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Assorted Fresh Fruits, Sweet Rolls,  
Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
Scrambled Eggs & Scrapple  
Juice & Coffee, Tea or Milk

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Assorted Fresh Fruits, Sweet Rolls,  
Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
Waffles & Bacon  
Juice & Coffee, Tea or Milk

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Assorted Fresh Fruits, Sweet Rolls,  
Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
Cream Chipped Beef on Toast  
Juice & Coffee, Tea or Milk

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Assorted Fresh Fruits, Sweet Rolls,  
Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
French Toast & Country Ham  
Juice & Coffee, Tea or Milk

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Assorted Fresh Fruits, Sweet Rolls,  
Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
Sausage, Egg & Cheese  
on English Muffin  
Juice & Coffee, Tea or Milk

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Assorted Fresh Fruits, Sweet Rolls,  
Breads & Jellies  
Oatmeal & Assorted Cold Cereals  
Scrambled Eggs & Scrapple  
Hash Browns  
Juice & Coffee, Tea or Milk

## Lunch

Stuffed Chicken Breast  
Mashed Potatoes  
Baby Carrots  
Red Beet Salad  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

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Slow Oven Roast Beef  
Carrots  
Mashed Potatoes  
English Green Peas  
Tossed Garden Salad  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

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Baked Stuffed Shrimp  
Baked Potato  
English Green Peas  
Fresh Cole Slaw  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

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Prime Rib Au Jus  
Mashed Potatoes  
Green Snap Beans  
Jello Citrus Salad  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

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Baked Ham  
Scalloped Potatoes  
Succotash  
Chow Chow  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

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Pork Sauerkraut  
Mashed Potatoes  
Green Beans  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

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Crab Cakes  
Baked Potatoes  
Mixed Vegetables  
Cole Slaw  
Dinner Rolls  
Selected Desserts  
Coffee, Tea or Milk

## Dinner

Roast Beef & Cheese  
Sandwich  
Soup of the Day  
Selected Desserts  
Coffee, Tea or Milk

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Chef's Choice  
Soup of the Day  
Selected Desserts  
Coffee, Tea or Milk

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Turkey Sandwich  
Choice of White, Wheat or  
Selected Rolls  
Served with Potato Chips,  
Lettuce, Tomato & Pickle  
Soup of the Day  
Selected Desserts

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Ham Deli Sandwich  
Choice of White, Wheat or  
Selected Rolls  
Served with Potato Chips,  
Lettuce, Tomato & Pickle  
Soup of the Day  
Selected Desserts  
Coffee, Tea or Milk

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Grilled Ham & Cheese Sandwich  
Choice of White or Wheat Bread  
Served with Potato Chips,  
Lettuce, Tomato & Pickle  
Tomato Soup  
Selected Desserts  
Coffee, Tea or Milk

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Tuna Salad Sandwich  
Choice of White, Wheat  
or Selected Rolls  
Served with Potato Chips,  
Lettuce, Tomato & Pickle  
Soup of the Day  
Selected Desserts  
Coffee, Tea or Milk

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Chicken a la King  
Served over Egg Noodles  
Biscuits  
Soup of the Day  
Selected Desserts  
Coffee, Tea or Milk

